Some people argue that competitive sports are good for bringing together different people and cultures. Others argue that these sports can cause problems and increase problems and increase conflicts between nations. Discuss both points of view and give your own opinion.

The issue of whether participating in a contest is beneficial for <u>attendance attendants</u> or not has sparked a heated debate among researchers. <u>Some of whom</u>/them assume that it could be a suitable phenomenon to gather individuals from diverse places and with an array of cultures and some others claim that attending a competition, most members fight together in terms of gaining victory. From my point of view the positive effects of doing physical activity far outweigh its drawbacks.

First and for most not only do people grow capable of working as a member in a team, they but also become significantly more sociable, for they get to know individuals from a variety of places. Further and even more importantly, they may establish a friendship with their competitors and get familiar with their life style <a href="that-which is">that-which is</a> an effective experience for their future life. In addition, losing and <a href="winning">winning</a> in a match are negative and positive experiences and both are necessary requirements for boosting <a href="people's">people's</a> self-esteem. Last but not least is associated with the outstanding sense of individuals after having a competition that either <a href="contributes">contributes</a> to their <a href="them-to-forgetting">them to-forgetting</a> their problems in life or <a href="helps">helps</a> them to have a different outlook on them and this situation <a href="leads">leads</a> to people making a better decision.

On the other hand, some researchers assert that contests are the main reason of making people nervous and trigger them to be impatient and treating others in an unacceptable way, And even sometimes it may cause nations to have fights with one another.

By way of conclusion, I once again reaffirm my position with regard to the beneficial impression of participating in a sport competition and I believe the possible conflicts are not that much important.